



Northern Parade Schools

King's Group Academies

admin.np@kingsacademies.uk

www.npschools.co.uk

Headteacher: Mrs Sue Wilson BEd (Hons)



Doyle Avenue  
Portsmouth  
Hampshire PO2 9NE  
Tel: 023 9266 2129

Thursday 13<sup>th</sup> December 2018

### Triple P Parenting Events 2019

Dear Parents & Carers

Below are the dates, times and places that Portsmouth's Triple P parenting groups are being held next year (Positive Parenting Program). They provide help, support and strategies for parents and "anyone who wants to help their child be the best they can be."

Places can be booked by contacting the relevant family hub.

Kind Regards,

Mrs S Elliott

SENCO





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Small changes, big differences.

**Triple P Primary Discussion Groups**  
Age 5-12yrs  
*"For anyone who wants to help their child to be the best they can be."*

**Developing Good Bedtime Routines**  
Tuesday 22<sup>nd</sup> January 2019 10.00-12.30 - at Somerstown Family Hub, Omega Street, Southsea PO5 4LP (02392 821816)

**Dealing with Disobedience**  
Monday 25<sup>th</sup> February 2019 - 12-2.30pm - at Somerstown Family Hub, Omega Street, Southsea PO5 4LP (02392 821816)

**Managing Fighting & Aggression**  
Tuesday 19<sup>th</sup> March 2019 9.30-12pm - at Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, PO8 3PL (02392 385995)

**Dealing with Disobedience**  
Thursday 4<sup>th</sup> April 2019 - 12-2.30pm - at Buckland Family Hub, Turner Road, Buckland PO1 4PN (02392 733440)

**TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB**

www.triplep.net

Small changes, big differences.

**Teen Triple P Discussion Groups**  
12-18yrs  
*"For anyone who wants to help their child to be the best they can be."*

**Getting Teenagers to Cooperate**  
Thursday 31<sup>st</sup> January 2019 - 10.00-12.30 - at Somerstown Family Hub, Omega Street, Somerstown, Portsmouth PO5 4LP (02392 821816)

**Reducing Family Conflict**  
Friday 1<sup>st</sup> March - 10.00-12.30pm - at Landport Family Hub, 221 Arundel Street, Portsmouth PO1 1NF (02392 815005)

**Building Teens Survival Skills**  
Wednesday 20<sup>th</sup> March 12.00-2.30pm - at Northern Parade Family Hub, Doyle Avenue PO2 9NE (02392 660886)

**Dealing with Teens Emotions**  
Tuesday 9<sup>th</sup> April 2019 10.00-12.30pm - at Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, PO8 3PL (02392 385995)

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