



NORTHERN PARADE SCHOOL MENU

Fresh bread and salad is served daily

Red choice (meat)
Green Choice (vegetarian)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 1/11 22/11 13/12	Beef Curry & Rice -- Pizza -- Peas & Sweetcorn -- Chocolate Brownie	Roast Gammon -- Stuffed Jacket Potato Cheese & Onion -- Roast Potatoes -- Carrots & Broccoli -- Blueberry Muffin or Shortbread	Chicken Strips -- Veggie Wraps -- Potato Smiles/ Wedges -- Beans or Peas -- Chocolate Cake & Chocolate Sauce or Yoghurt	Beef Stew and Dumplings -- Jacket Potato with Cheese & Beans -- Sweetcorn -- Lime Zucchini Cake or Chocolate Chip Cookies	Fish Cakes -- Cheese Quiche -- Chips -- Spaghetti Hoops or Sweetcorn -- Jelly
Week 2 8/11 29/11	Chicken Curry & Rice -- Pizza -- Peas & Sweetcorn -- Apple Crumble & Custard or Chocolate Cracknell	Roast Beef -- Quorn Fillets -- Roast Potatoes & Carrots -- Shortbread or Angel Delight	Hunters Chicken -- Tomato Pasta -- Potato Wedges or Jacket Potato -- Banana Flapjack or Syrup Sponge	Jacket Potato & Tuna -- Mac & Cheese -- Sweetcorn or Carrots -- Jumbo Biscuit or Carrot Cake	Fish Fingers -- Veggie Nuggets -- Chips -- Peas or Beans -- Jelly or Iced Bun
Week 3 15/11 6/12	Jacket Potato & Coronation Chicken -- Pizza -- Sweetcorn -- Jelly Delight or Oat Biscuit	Roast Pork -- Veggie Hotpot -- Roast potatoes -- Carrots & Swede -- Coco biscuit or Cupcake	Meatballs -- Quorn Sausage -- Mashed Potatoes -- Green Beans / Mixed Veg -- Ginger Cake & Vanilla Sauce	Chicken Pie -- Cheese Wrap -- Diced Potato -- Carrots & Peas -- Rock Cake or Flapjack	Sausages -- Jacket Potato with Cheese & Beans -- Chips -- Peas or Beans -- Jelly or Chelsea Bun