



Whole-School Food and Drink Policy

Date	Review Date	Coordinator	Nominated Governor
January 2016	January 2019	Head of Kitchens	Chair of Resources

We believe this policy relates to the following legislation:

- Food Information Regulations 2014
- Food Safety & Hygiene (England) (Amendment) Regulations 2014

We actively support healthy eating and drinking throughout the school day. We will ensure that all aspects of food and nutrition in school promote health and well-being of pupils, staff and visitors to this school.

We believe a good diet, which is healthy and varied, is important for good health and will help maintain body weight. This will enhance general well-being reducing the number of diseases such as heart disease, stroke, cancer, diabetes and osteoporosis.

We wish to work closely with the School Council and to hear their views and opinions as we acknowledge and support Article 12 of the United Nations Convention on the Rights of the Child that children should be encouraged to form and to express their views.

We as a school community have a commitment to promote equality. Therefore, an equality impact assessment has been undertaken and we believe this policy is in line with the Equality Act 2010.

We believe it is essential that this policy clearly identifies and outlines the roles and responsibilities of all those involved in the procedures and arrangements that is connected with this policy.

Aims

- To ensure that all aspects of food and nutrition in school promote health and well-being of pupils, school personnel and visitors.
- To provide nutritious food that meets the children's individual dietary needs.
- To help children learn what healthy food is and for them to understand the importance of food and drink in a healthy lifestyle.
- To ensure compliance with all relevant legislation connected to this policy.
- To work with other schools and the local authority to share good practice in order to improve this policy.

Responsibility of the Policy and Procedure

Role of the Governing Body

Northern Parade Schools - Food

The Governing Body has:

- delegated powers and responsibilities to the Executive Headteacher to ensure all school personnel and stakeholders are aware of and comply with this policy;
- responsibility for ensuring that the school complies with all equalities legislation;
- responsibility for ensuring funding is in place to support this policy;
- make effective use of relevant research and information to improve this policy;
- nominated a link governor to visit the school regularly, to liaise with the Executive Headteacher and the coordinator and to report back to the Governing Body;

Role of the Executive Headteacher

The Executive Headteacher will:

- ensure all school personnel, pupils and parents are aware of and comply with this policy;
- work closely with the link governor and coordinator;
- provide leadership and vision in respect of equality;
- make effective use of relevant research and information to improve this policy;
- provide guidance, support and training to all staff;

Role of the Coordinator

The coordinator will:

- lead the development of this policy throughout the school;
- work closely with the Executive Headteacher and the nominated governor;
- provide guidance and support to all staff;
- provide training for all staff on induction and when the need arises;
- keep up to date with new developments and resources;
- review and monitor;

Role of School Personnel

School personnel will:

- comply with all aspects of this policy
- undertake appropriate training;
- be aware of all other linked policies;
- implement the school's equalities policy and schemes;
- report and deal with all incidents of discrimination;
- attend appropriate training sessions on equality;
- report any concerns they have on any aspect of the school community

Role of Pupils

Pupils will:

- be aware of and comply with this policy;
- participate fully in all lessons;
- participate in discussions concerning progress and attainment;

Northern Parade Schools - Food

- liaise with the school council;
- take part in questionnaires and surveys

Role of the School Council

The School Council will be involved in:

- determining this policy with the Governing Body;
- discussing improvements to this policy during the school year;

Role of Parents

Parents will:

- be made aware of this policy;
- comply with this policy;
- inform school of their child's dietary needs;
- inform school of any foods that their child might be allergic to;
- inform school of any dietary rules connected with their religion;
- be encouraged to take an active role in the life of the school by attending:
 - parents and open evenings
 - parent-teacher consultations
 - school concerts
 - fundraising and social events
- be encouraged to work in school as volunteers;
- be asked to take part periodic surveys conducted by the school;
- support the school Code of Conduct and guidance necessary to ensure smooth running of the school

Food across the Curriculum

Food, nutrition and healthy eating is planned and taught at an appropriate level throughout each year group.

School Systems

- Pupil's dietary requirements are recorded on the child's personal file.
- The appropriate personnel are informed.
- Systems are in place to ensure that children receive the correct dietary requirements.

Menu Planning

Menus are planned avoiding large quantities of:

- Fat
- Sugar
- Salt
- Artificial additives
- Preservatives
- Colourings

Breakfast Club

- All pupils are welcome to attend Breakfast Club from 7:30 to 8:30a.m. (charges apply)
- The menu consists of a variety of healthy choices

Break-time Snacks

- Infant pupils all receive a free piece of fruit every day. Junior pupils are encouraged to purchase a piece of fruit or bring their own fruit and vegetables as a break-time snack.

Packed Lunches

- Parents are reminded that packed lunches should be healthy and balanced and should contain only water and no chocolate bars.
- Children are discouraged in sharing their food.

School Lunches

- All our school lunches meet nutritional standards.
- The ingredients are fresh and there is a good variety of fruit and vegetables.
- This is an important time of the day when we can:
 - Nurture and build friendships
 - Teach table manners
 - Promote a balanced diet

Water in School

- Water is available at all times in school for children and staff from a water filter machine
- Parents are encouraged to provide water with their child's packed lunch

Working with Parents

- We work closely with parents to establish the correct dietary requirements for their children.
- Weekly menus are published on the school web-site, they are displayed in the main entrance and in termly news letters so that parents can discuss the menu with their child.
- Parents may observe school lunches at any time in order to view the quality food that we provide.

Monitoring

Monitoring is undertaken by the Executive Headteacher, Staff, Governors and School Council.

Raising Awareness of this Policy

- We will raise awareness of this policy via:
- the School Handbook/Prospectus

Northern Parade Schools - Food

- the school website
- the Staff Handbook
- meetings with parents such as introductory, transition, parent-teacher consultations and periodic curriculum workshops
- meetings with school personnel
- communications with home such as weekly newsletters and of end of half term newsletters
- information displays in the main school entrance

Training

All school personnel:

- have equal chances of training, career development and promotion
- receive training on induction which specifically covers:
 - All aspects of this policy
 - Health & Safety
 - Food & Fitness
 - Nutritional Standards
 - Hygiene
 - Diabetes
 - Risk Assessment
 - Equal opportunities
 - Inclusion
- receive periodic training so that they are kept up to date with new information
- receive equal opportunities training on induction in order to improve their understanding of the Equality Act 2010 and its implications.

Equality Impact Assessment

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

Linked Policies

▪ Health and Safety	▪ Nutritional Standards
▪ Curriculum	▪ Medical and First Aid
▪	

Headteacher:		Date:	
Chair of Governing Body:		Date:	