King's Academy Northern Parade



Main Dish 1

## Cheese and Tomato Pizza

 Served with Potato WedgesVegetable Korma Served with Wholegrain Rice Jacket Potatoes
With a choice of hot or cold fillings
Main Dish 2
Jacket Potato


## FRIDAY

Pasta
Homemade Tomato Pasta

Classic Beef Burger Served with Potato Wedges

Vegetarian Burger Served with Potato Wedges

## BBQ Chicken Served with Roast Potatoes

Chilli Con Carne
Made with Turkey Mince, Served
with

Wholegrain Rice

## Cheesy Ploughman's Plate

Chilli No Carne with Crispy
$\quad$ Tortilla
Served with Wholegrain Rice

## Crispy Quorn Nuggets

 Served with ChipsJacket Potatoes
Jacket Potatoes
With a choice of hot or cold fillings
Including salmon mayonnaise

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\begin{aligned}
& \text { Jacket Potatoes } \\
& \text { With a choice of hot or cold fillings }
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Jacket Potatoes
With a choice of hot or cold fillings

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\begin{aligned}
& \text { Jacket Potatoes } \\
& \text { With a choice of hot or cold fillings }
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| Available Every Day |
| :---: |
| Dessert |


| All meals are served with two vegetables, yogurt, fre |  |  |
| :---: | :---: | :---: |
| Vanilla Ice Cream | Crispy Crackle Cake | Carrot, Orange and <br> Sultana Slice |

## Packed Lunch Available

Ham or Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day



## (a) Chartwells <br> 



FRIDAY

Cheese and Tomato Pizza Served with Potato Wedges

Beef Bolognese
Served with Wholewheat Pasta

| Sweet Potato Curry <br> Served with Wholegrain Rice | Veggie Burrito |
| :---: | :---: |
| Jacket Potatoes <br> With a choice of hot or cold fillings | Jacket Potatoes <br> With a choice of hot or cold fillings <br> Including salmon mayonnaise |
| Homemade Tomato Pasta | Homemade Tomato Pasta |

All meals are served with two vegetables, yogurt, fresh fruit and baked bread
Strawberry Frozen Yoghurt Vanilla Sponge \& Custard

Orange Jelly
Chocolate Shortbread and Fruit
Orange Drizzle

## Packed Lunch Available

Ham or Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day


Roast Beef Served with Roast Potatoes and Gravy

Quorn Roast
Served with Roast Potatoes and Gravy

Butter Chicken Curry Served with Wholegrain Rice

Breaded Fish Fingers Served with Chips

Veggie Fingers
Served with Chips With a choice of hot or cold fillings

Jacket Potatoes With a choice of hot or cold fillings

Jacket Potatoes With a choice of hot or cold fillings

Homemade Tomato Pasta





