



Northern Parade Schools

King's Group Academies

# **Intimate Care and Toileting POLICY**

## **Person Responsible for this Policy:**

Special Educational Needs and/or Disabilities Coordinator (SENDCo)

## **Date of Last Review:**

October 2025

## **Date of next review**

October 2026



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## **Introduction**

This policy aims to support intimate care needs with specific reference to toileting. It should be considered in addition to the DfE statutory guidance 'Supporting pupils at school with medical conditions' which should be used in the first instance for children and young people with specific medical needs.

## **Aims**

The aims of this policy are:

- To safeguard the rights and promote the welfare of children and young people.
- To provide guidance and reassurance to staff whose work / contracts include intimate care.
- To assure parents and carers that staff are knowledgeable about personal care and that their individual concerns are taken into account.
- To remove barriers to learning and participation, protect from discrimination, and ensure inclusion for all children and young people as pupils and students.

## **Definition of intimate care**

Intimate care tasks specifically identified as relevant include:

- Dressing and undressing (underwear)
- Helping someone use the toilet
- Washing or wiping intimate parts of the body

## **Basic principles**

Children and young people's intimate care needs cannot be seen in isolation or separated from other aspects of their lives. Encouraging them to participate in their own intimate or personal care should therefore be part of a general approach towards facilitating participation in daily life.

It is essential that every child/young person is treated as an individual and that care is given as gently and as sensitively as possible.

Staff should bear in mind the following principles:

- Children/young people have a right to feel safe and secure.
- Children/young people have a right to an education and schools have a duty to identify and remove barriers to learning and participation for pupils of all abilities and needs.
- Children/young people have a right to privacy, dignity and a professional approach from staff when meeting their needs.



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- Children/young people have the right to be accepted for who they are, without regard to age, gender, ability, race, culture or beliefs.

### **Working with parents and carers**

Intimate care will only be carried out with the consent of the parent or legal guardian. It is also important that the procedure for dealing with concerns arising from personal care processes is clearly stated and understood by parents/carers and all those involved.

### **Links with other agencies**

Children and young people with specific care needs or disabilities will be known to a range of other agencies. It is important that positive links are made with all those involved in the care, health or welfare of individual children/young people. This will enable school or setting based plans to take account of the knowledge, skills and expertise of other professionals and will ensure the child/young person's well-being and development remains the focus of concern. School can also refer to the School Nurse for further advice in this area.

### **Safeguarding**

This policy is to be considered in conjunction with the school's Safeguarding Policy.

If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution. Staffing schedules will be altered until the issue(s) are resolved so that the child's needs remain paramount. Further advice will be taken from outside agencies if necessary.

### **Review**

By: Governors' Resources Committee & Safeguarding Governor

When: Every 3 years or sooner in light of further DfE guidance